

Nursing Care Plan Sheet - Sample

Date:	11/08/2004
Student Name:	Jane Doe
Instructor:	Jim Smith
Patient Initials:	J.D.3
Medical Diagnosis:	

Assessment NANDA	
Nursing Diagnosis (copy and paste from <i>NNN Linkages</i> or, see NANDA):	INEFFECTIVE AIRWAY CLEARANCE (1980, 1996, 1998)
Definition of diagnosis (copy and paste from <i>NNN Linkages</i> Glossary or, see NANDA):	<p>Definition Inability to clear secretions or obstructions from the respiratory tract to maintain a clear airway</p> <p>Defining Characteristics *Dyspnea; *diminished breath sounds; *orthopnea; adventitious breath sounds (rales, crackles, rhonchi, wheezes) ; cough, ineffective or absent; *sputum; *cyanosis; *difficulty vocalizing; *wide-eyed; *changes in respiratory rate and rhythm; *restlessness</p> <p>Related Factors <i>Environmental:</i> *Smoking; *smoke inhalation; *second-hand smoke <i>Obstructed airway:</i> *airway spasm; *retained secretions; *excessive mucus; *presence of artificial airway; *foreign body in airway; *secretions in the bronchi; *exudate in the alveoli <i>Physiological:</i> *Neuromuscular dysfunction; (hyperplasia of the bronchial walls; *chronic obstructive pulmonary disease; *infection; *asthma; *allergic airways</p> <p>Note: Definition modified in the 1998 DRC revision process; *marks revised defining characteristics and related factors. This diagnosis was revised by NDEC.</p>
Subjective Data	Objective Data

Planning NOC

Goals:	Same as attached indicators and success scale levels
Definitions for each outcome (copy and paste from <i>NNN Linkages</i> or, see NOC):	Respiratory Status: Airway Patency ----- Extent to which the tracheobronchial passages remain open

Nursing Activities NIC

Nursing Intervention Group (checkmark) (see chart below):			
	1. Physiological: Basic (Classes A-F)		4. Safety (Classes U-V)
x	2. Physiological: Complex (Classes G-N)		5. Family (Classes W, X, Z)
	3. Behavioral (Classes O-T)		6. Health System (Classes Ya-Yb)
			7. Community (Classes Yc-Yd)
Definitions for each intervention (copy and paste from <i>NNN Linkages</i> or, see NIC):		Cough Enhancement ----- Promotion of deep inhalation by the patient with subsequent generation of high intrathoracic pressures and compression of underlying lung parenchyma for the forceful expulsion of air	

References (APA style)

- American Heart Association. (2004). Air patency statistics. Retrieved October 5, 2004, from <http://www.americanheart.org/presenter.jhtml?identifier=536>
- Dochterman, J.M., & Bulechek, G.M. (Eds.). (2004). *Nursing interventions classification (NIC)* (4th ed.). St. Louis: Mosby, an affiliate of Elsevier.
- Johnson, M., Bulechek, G., Dochterman, J.M., Maas, M., & Moorhead, S. (Eds.). (2001). *Nursing diagnoses, outcomes, and interventions: NANDA, NOC, and NIC linkages*. St. Louis: Mosby, an affiliate of Elsevier Science.
- Johnson, M., Bulechek, G., Dochterman, J.M., Maas, M., & Moorhead, S. (2003). *Nursing diagnoses, outcomes, and interventions: NANDA, NOC, and NIC linkages* [computer software]. New York: Mosby, a division of Elsevier Science.
- Kozier, B. (2004). *Fundamentals of nursing: Concepts, process, and practice*. Upper Saddle River, NJ: Prentice Hall Health.
- Moorhead, S., Johnson, M., & Maas, M. (Eds.). (2004). *Nursing outcomes classification (NOC)* (3rd ed.). St. Louis: Mosby, an affiliate of Elsevier.
- Murdoch, M., Sheridan, S.A., Doeden, M.L., Wilt, T.J., & Rubins, H.B. (2000). Impact of a low-cost intervention to increase diaphragmatic breathing awareness among older patients. *Journal of Clinical Outcomes Management*, 7, 31-39.
- Woods, A. (2002). Respiratory status and airway patency. *Nursing*, 32(6), 56-57. Retrieved October 5, 2004, from CINAHL.

NIC Groups

1	Physiological: Basic.	2	Physiological: Complex	3	Behavioral	4	Safety	5	Family	6	Health System	7	Community
A	Activity & Exercise Mgt.	G	Electrolyte & Acid-Base Mgt.	O	Behavior Therapy	U	Crisis Mgt	W	Childbearing Care	Y	Health System Mediation	Yc	Community Health Promotion
B	Elimination Mgt	H	Drug Mgt	P	Cognitive Therapy	V	Risk Mgt	Z	Childrearing Care	Ya	Health System Mgt	Yd	Community Risk Mgt
C	Immobility Mgt	I	Neurological Mgt	Q	Communication Enhancement			X	Lifespan Care	Yb	Information Mgt		
D	Nutrition Support	J	Perioperative Care	R	Coping Assistance								
E	Physical Comfort Promotion	K	Respiratory Mgt	S	Patient Ed.								
F	Self-Care Facilitation	L	Skin/Wound Mgt	T	Psychological Comfort Promotion								
		M	Thermoregulation										
		N	Tissue Perfusion Mgt										